

2013 SOCCER RULES MEETINGS

TODD THARP

Iowa High School Athletic Association

Assistant Executive Director

JASON ESLINGER

Iowa Girls High School Athletic Union

Soccer Administrator



**THIS POWERPOINT PRESENTATION WAS
COMPILED JOINTLY BY THE STAFFS OF
THE IOWA HIGH SCHOOL ATHLETIC
ASSOCIATION AND THE IOWA GIRLS HIGH
SCHOOL ATHLETIC UNION
SOCCER CONTACTS**

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A soccer player in a red uniform is captured in a dynamic pose, kicking a white soccer ball on a green field. The player's legs are extended, and the ball is in contact with their foot. The background is slightly blurred, showing a grassy field and some distant structures.

ADMINISTRATIVE INFORMATION

STARTING DATE FOR PRACTICE

BOYS – MARCH 11, 2013

GIRLS – MARCH 18, 2013

FIRST COMPETITION DATE

BOYS – MARCH 28, 2013

GIRLS – APRIL 1, 2013

A soccer player in a red uniform is captured in mid-action, kicking a white soccer ball on a green field. The player's legs and feet are the primary focus, with the ball positioned just in front of their right foot. The background is a blurred green field with some indistinct figures and structures.

ADMINISTRATIVE INFORMATION

PLAYING DATES

BOYS – FIFTEEN (15) TWO (2) OF WHICH MAY BE MULTIPLE TEAM TOURNAMENTS, CONFERENCE TOURNAMENT NO LONGER EXEMPT FROM THE COUNT – LIMIT OF EIGHT (8) TEAMS. 19 GAME MAXIMUM.

INDIVIDUAL LIMITATION – NINETEEN (19) GAMES – FOUR (4) HALVES PER DAY – WAIVED FOR MULTIPLE TEAM TOURNAMENTS

A background image of a soccer player in a red uniform kicking a ball on a green field. The player is in the center, with their right leg extended towards a white soccer ball on the grass. The background is slightly blurred, showing a green field and some distant structures.

ADMINISTRATIVE INFORMATION

PLAYING DATES

GIRLS –GIRLS ARE ALLOWED TO PLAY A MAXIMUM OF SEVENTEEN (17) MATCHES PER LEVEL OF COMPETITION.

Individual Player Limitation may not exceed six (6) halves in a calendar day. There is no season match limitation for an individual player.

A soccer player in a red uniform is captured in mid-action, kicking a white soccer ball on a green field. The player's legs are extended, and the ball is just off the ground. The background is a blurred green field with some structures in the distance.

ADMINISTRATIVE INFORMATION

SCRIMMAGES

BOYS AND GIRLS EACH ALLOWED ONE SCRIMMAGE ANY TIME DURING THE SEASON.

JAMBOREES

BOYS AND GIRLS EACH ALLOWED ONE JAMBOREE AFTER THE FIRST DAY OF PRACTICE. FOR GIRLS, UNTIL THE FIRST PLAYING DATE. FOR BOYS, ANYTIME DURING THE SEASON

ADMINISTRATIVE INFORMATION

TOURNAMENT GAME BALL

BOYS AND GIRLS

SPALDING TF-5000



A soccer player in a red uniform is captured in mid-action, kicking a soccer ball on a green field. The player's legs are extended, and the ball is in contact with their foot. The background is slightly blurred, showing a grassy field and some distant structures.

ADMINISTRATIVE INFORMATION

MARGIN OF VICTORY

THERE IS NO MARGIN OF VICTORY FOR BOYS.

FOR GIRLS, THE MATCH SHALL BE DECLARED COMPLETED WHEN ONE TEAM HAS A LEAD OF 10 GOALS AT HALFTIME OR LATER IN THE GAME.

A soccer player in a red uniform is captured in mid-air, kicking a soccer ball on a green field. The player's legs are extended, and the ball is positioned near their right foot. The background is slightly blurred, showing a grassy field and some distant structures.

ADMINISTRATIVE INFORMATION

OVERTIME

SAME OVERTIME PROCEDURE FOR BOTH BOYS AND GIRLS –

- 1. TWO TEN MINUTE SUDDEN VICTORY OVERTIMES WILL BE PLAYED.**
- 2. IF THE TIE REMAINS, PENALTY KICKS WILL BE USED. FOLLOW THE PROCEDURE ON PAGE 84 & 85 OF THE RULE BOOK, ITEMS 3, 4 AND 5.**

A soccer player in a red uniform is captured in mid-action, kicking a soccer ball on a green field. The player's legs and feet are the primary focus, with the ball positioned near their right foot. The background is slightly blurred, showing a grassy field and some indistinct figures in the distance.

ADMINISTRATIVE INFORMATION

BOYS AND GIRLS OVERTIME PROCEDURE

**THE IGHSAU REQUIRE ALL TIED VARSITY
GAMES TO HAVE OVERTIME –**

**THE IHSAA DOES NOT HAVE THIS
REQUIREMENT, IT IS DETERMINED BY
MEET MANAGEMENT**

A soccer player in a red uniform is captured in mid-air, kicking a soccer ball on a green field. The player's body is arched, and their right leg is extended towards the ball. The background is a blurred green field with some spectators in the distance.

ADMINISTRATIVE INFORMATION

IOWA CONDUCT RULES

ANY PLAYER RECEIVING A CAUTION
(**YELLOW CARD**) MUST LEAVE THE GAME
FOR TEN (10) CONSECUTIVE MINUTES.
PENALTY WILL CARRYOVER FROM HALF
TO HALF AND END OF GAME TO
OVERTIME AND OVERTIME TO OVERTIME.
A CAUTION IN THE SECOND OVERTIME
WILL RESULT IN NO FURTHER PLAY.

A soccer player in a red uniform is captured in mid-action, kicking a soccer ball on a green field. The player's legs are extended, and the ball is visible near their feet. The background is slightly blurred, showing a grassy field and some distant structures.

ADMINISTRATIVE INFORMATION

IOWA CONDUCT RULES IHSAA ONLY

ANY TEAM RECEIVING FOUR VARSITY **RED CARDS**, INCLUDING COACH CARDS WILL NOT BE ELIGIBLE TO PARTICIPATE IN THE POST SEASON TOURNAMENT. IF THE FOURTH CARD IS RECEIVED IN A POST SEASON TOURNAMENT GAME, THE GAME WILL END AND THE TEAM WILL FORFEIT THE CONTEST.

A soccer player in a red uniform is captured in mid-action, kicking a white soccer ball on a green field. The player's body is angled towards the right, with their right leg extended forward and foot striking the ball. The background is a blurred green field with some white lines and a blue structure in the distance.

ADMINISTRATIVE INFORMATION

IOWA **CONDUCT** RULES IHSAA ONLY

ANY VARSITY COACH RECEIVING
TWO **RED CARDS** OVER A THREE YEAR
PERIOD WILL NOT BE ALLOWED TO
COACH HIS/HER TEAM IN THE POST-
SEASON TOURNAMENT FOR TWO YEARS.

A soccer player in a red uniform is captured in mid-air, kicking a soccer ball on a green field. The player's legs are extended, and the ball is visible near their feet. The background is slightly blurred, showing a grassy field and some distant structures.

ADMINISTRATIVE INFORMATION

ONLINE GAME REPORT IHSAA ONLY

WE WANT TO CONTINUE THE ONLINE GAME REPORTING DONE LAST YEAR. FOLLOWING EACH GAME, AN ADMINISTRATOR FROM THE HOME SCHOOL, THE REFEREE(S), ASSISTANT REFEREE(S) AND BOTH HEAD COACHES NEED TO COMPLETE A REPORT. A FUTURE MAILING WILL GIVE INSTRUCTIONS INCLUDING THE WEB ADDRESS.

MANDATORY STATISTICS REPORTING

Soccer coaches will be **REQUIRED** to have soccer statistics updated on the following dates:

Tuesday, April 16 at 3 PM

Tuesday, April 30 at 3 PM

Tuesday, May 21 at 3 PM

All individual and team statistics for games played through the previous Saturday are to be included with these check dates.



A soccer player in a red uniform is captured in a dynamic pose, about to kick a white soccer ball on a green field. The player's right leg is extended forward, and the ball is positioned just in front of their foot. The background is slightly blurred, showing a grassy field and some distant structures.

- MANDATORY STATISTICS REPORTING

Failure to adhere to the requirements of reporting individual and team statistics by the required reporting date will result in specific sanctions from each governing organization.

GIRLS OFFICIAL RECOMMENDATIONS

Girls Coaches have 30 DAYS after the State Soccer Tournament to submit official recommendations to the State Office.

The 2013 deadline is MONDAY, JULY 8.





2012-13 NFHS Soccer Rules PowerPoint



Misconduct

Rule 12-8-1f(13), 12-8-2d(1)

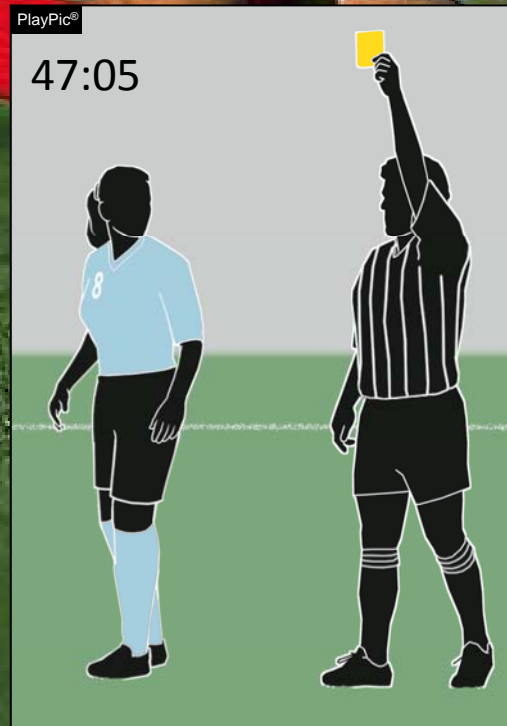


Penalty for an intentional hand ball by a player – other than the goalkeeper – in the penalty box to prevent a goal from being scored. If the goal is prevented, the penalty remains a disqualification of the player; however, if the goal is scored, the penalty will now be a caution to the player who deliberately handled the ball.

RULE CHANGE

Misconduct Rule 12-8-2c

RULE CHANGE



When a player receives a second caution in the same game, he/she will be disqualified with a red card and the team will play the remainder of the game without replacing the disqualified player (play shorthanded).

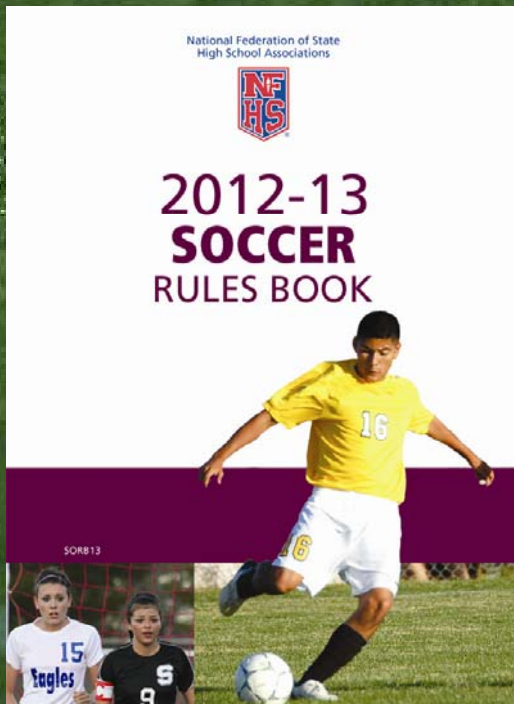
Penalty Kick Rule 14-1-7 (new)

RULE CHANGE



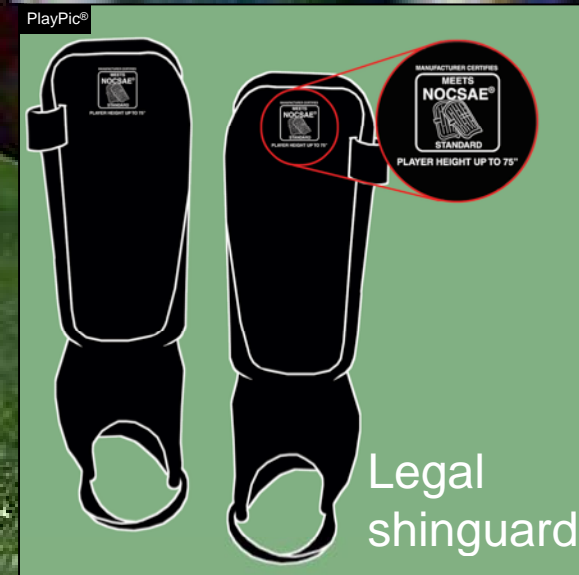
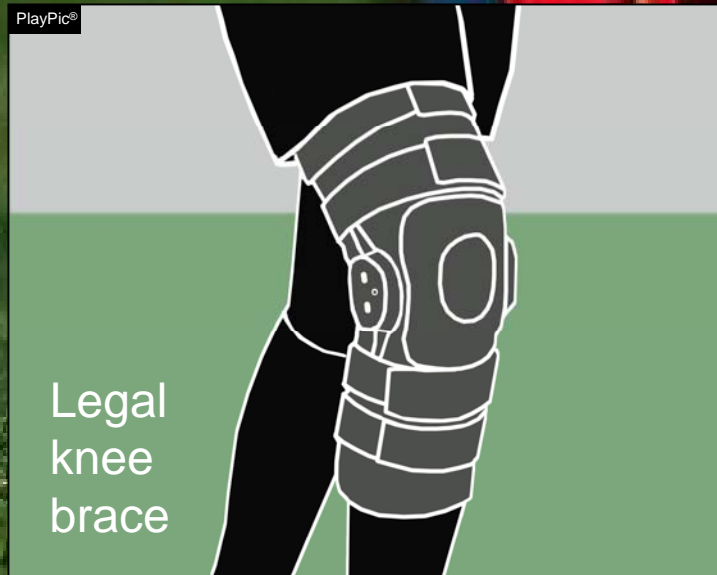
When, in the taking of a penalty kick, there is an unusual situation that causes a temporary suspension of play before the ball is played or touched by another player, or before the ball hits the goalpost or crossbar, the kick is retaken. Previously, this would have resulted in a drop ball.

NFHS Soccer Points of Emphasis



Player Equipment Rule 4-1, 4-2

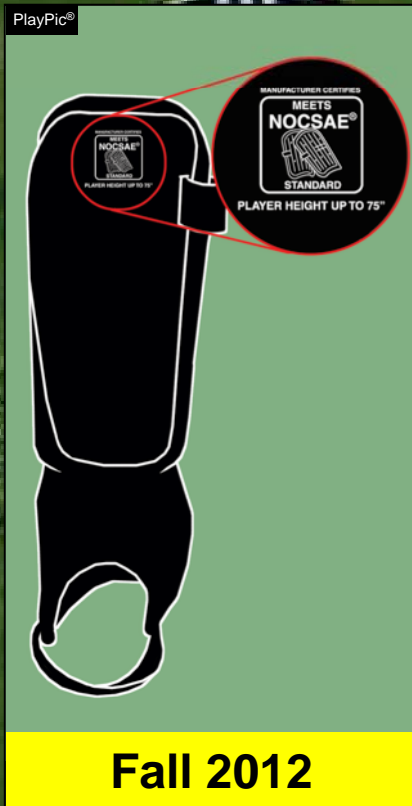
POINT OF EMPHASIS



Player equipment rule begins with the players wearing only legal equipment. Coaches, as the adults of their teams, must work with their players and officials to ensure that player equipment is safe and legal. Officials must also emphasize player safety and legal equipment throughout the match.

Equipment Changes Rule 4-1, 4-2

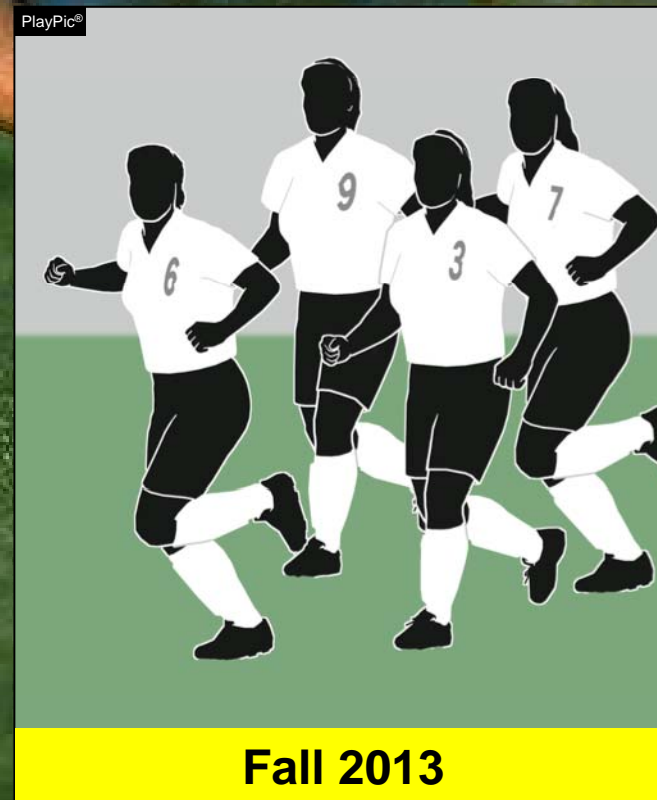
POINT OF EMPHASIS



Shinguard with
NOCSAE stamp



Goalkeeper
jerseys must
have numbers

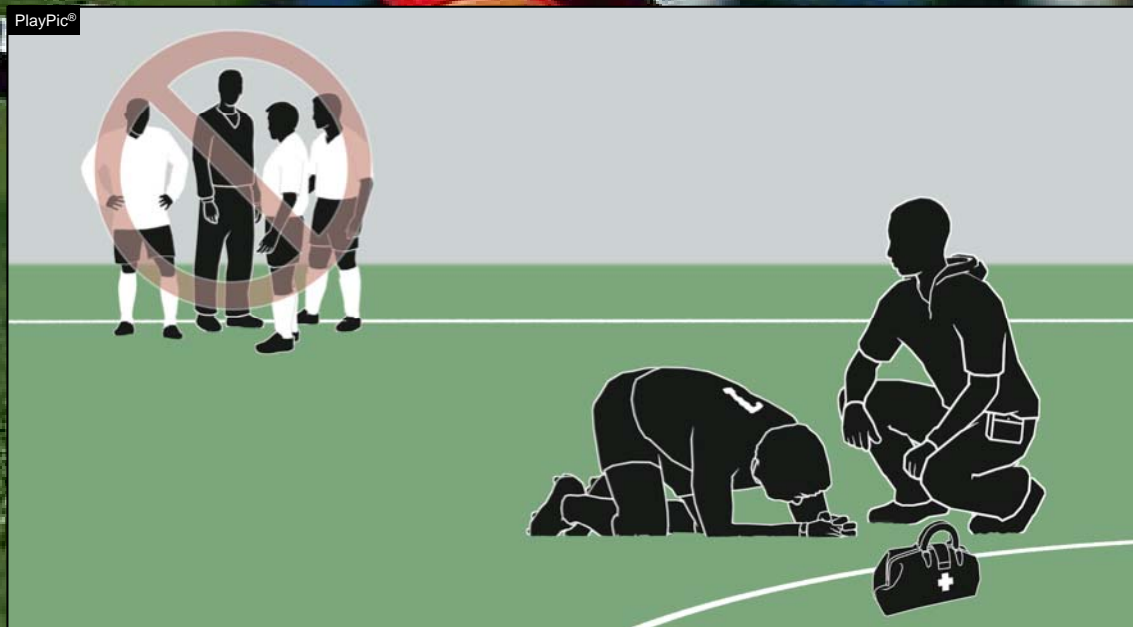


All-white jersey and socks

Coaching During an Injury

Rule 3-3-1c1

POINT OF EMPHASIS

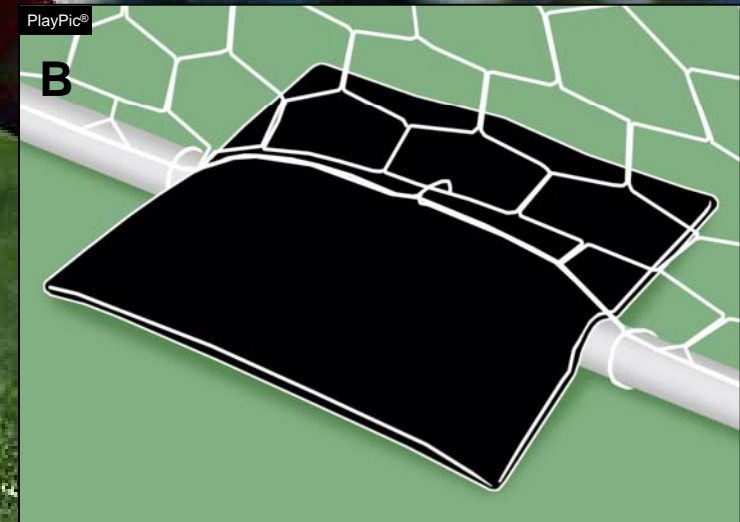
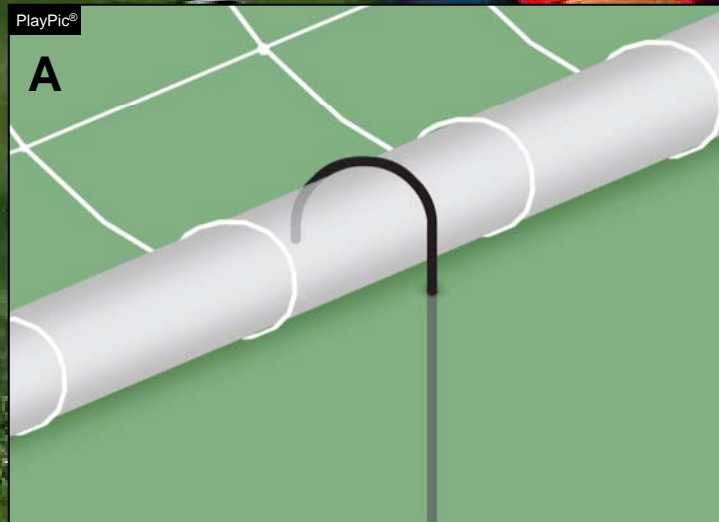


When a coach or appropriate health-care professional is called onto the field to attend to an injured player, neither coach shall give instruction to their players.

Goals

Rule 1-4-1

POINT OF EMPHASIS



- A. Anchored
- B. Goal with 3-4 sandbags

Schools, coaches and officials are reminded that all soccer goals shall be adequately anchored, secured or counterweighted to the ground for safety. The game cannot start if the goals are not adequately secured to the ground.

Concussion Management Rule 3-3-1c3

POINT OF EMPHASIS



The NFHS Sports Medicine Advisory Committee has noted an increase in reported and diagnosed concussions in the 2010-2011 National High School Sports Related Injury Surveillance Study. The position of the NFHS Sports Medicine Committee is that no athlete should return to play or practice on that same day after suffering a concussion.

A soccer player in a red uniform is shown falling on a green field. A soccer ball is on the ground near the player's feet. The background is blurred, showing other players and spectators.

IHSAA/IGHSAU Recommended Concussion Protocol – Iowa Code 280-13C

When an official removes a student from participation, the following procedures are used:

- A student with signs, symptoms, or behaviors consistent with a concussion or brain injury is removed from participation by a contest official, the head contest referee or his/her designee, must receive written clearance from a licensed health care provider as defined in Iowa Code 280.13C before the student can return to participation in that contest/event.

A soccer player in a red uniform is captured in mid-action, kicking a white soccer ball on a green field. The player's legs are extended, and the ball is in contact with their foot. The background is slightly blurred, showing a grassy field and some distant structures.

IHSAA/IGHSAU Recommended Concussion Protocol – Iowa Code 280-13C

If the contest is in progress, the written clearance to return shall be presented to the referee during an opportunity for a legal substitution.

A soccer player in a red uniform is captured in mid-air, kicking a white soccer ball on a green field. The player's legs are extended, and the ball is positioned near their right foot. The background is slightly blurred, showing other players and a goalpost.

IHSAA/IGHSAU Recommended Concussion Protocol – Iowa Code 280-13C

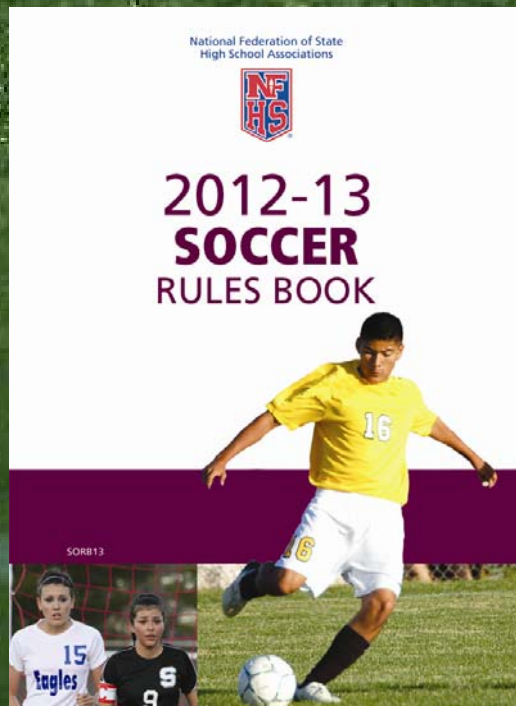
For one day events when the head contest referee may change during the event (tournaments), written clearance to return shall be presented to the head contest referee, or his/her designee, before the student participates again that day. The designee may be the host administrator, head event official, designated on-site licensed medical professional, etc. The student's coach, or other school-designated representative, is responsible for providing the written clearance to return to head contest referee, or his/her designee. The head contest referee, or his/her designee, will then notify the other contest officials that written clearance to return has been received.



IHSAA/IGHSAU Recommended Concussion Protocol – Iowa Code 280-13C

For multiple day events when the head contest referee may change during the event, the head contest referee on the day the student was removed will make a verbal report about the injury to the tournament manager. The tournament manager will be responsible to report the incident to the referee(s) of the contest(s) in which the student may participate on the subsequent days of the event. The referee(s) of future contests during this event must receive written clearance from a licensed health care provider as defined in Iowa Code 280.13C before the student can return to participation.

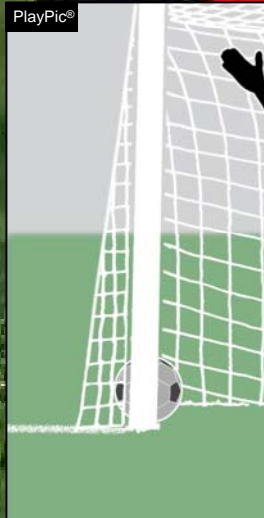
NFHS Soccer Additional Items



Number of Players

Each team shall submit a team roster, containing the first and last names and numbers of all players, substitutes, all bench personnel and all coaches, to the officials at least five minutes prior to the start of the contest. The game shall not begin until this is complete. Players, bench personnel and coaches may be added to the roster after the start of play. Goalkeepers may have two numbers listed on the roster, a goalkeeper's number and a field player's number.

EDITORIAL CHANGE



After a goal is scored by either team, team A's coach may legally send substitute A13 directly into the game from the bench, without reporting to the scorer, for player A7.

The Officials Rule 5-1-2

The officials retain clerical authority over the contest through the completion of any reports, including those imposing disqualifications, that are responsive to actions occurring while the referees had jurisdiction. State associations may intercede in the event of unusual incidents that occur before, during or after the officials' jurisdiction has ended or in the event that a contest is terminated prior to the conclusion of regulation play.



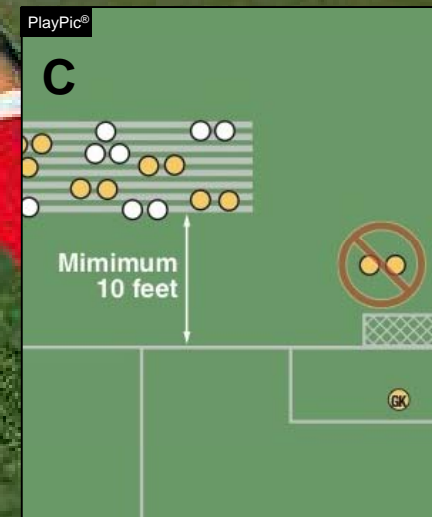
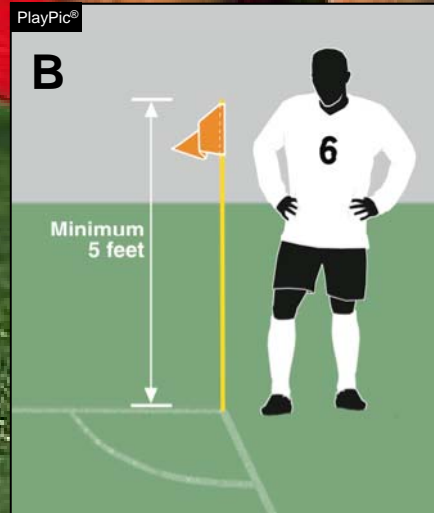
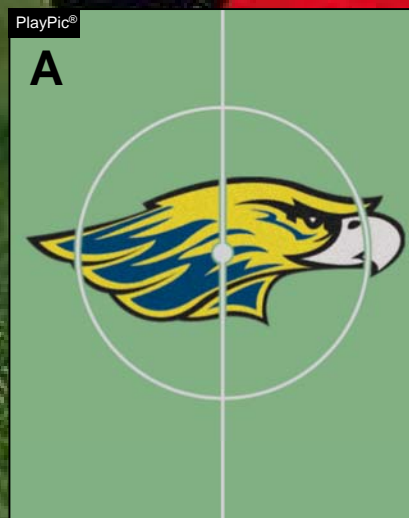
Corner Kick

untouched into a team's own goal.

The Field of Play

Rule 1-2, 1-3, 1-6

RULE CHANGE



- A. Continuous halfway line.
- B. Corner flag at least five feet high.
- C. Spectators in bleachers at least 10 feet behind goal line.
Only ball persons behind nets.



Free Courses

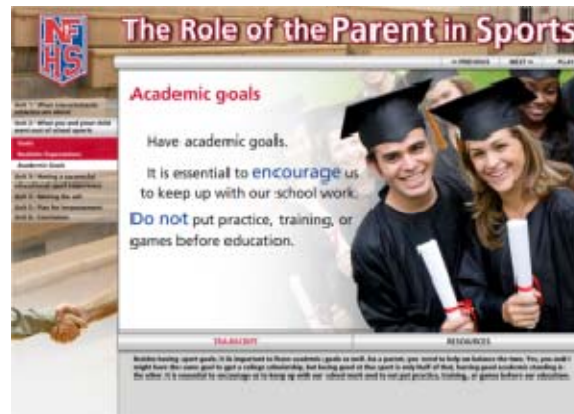
Concussion in Sports – What You Need to Know

Over 420,000 courses ordered

The Role of the Parent in Sports

Sportsmanship

A Guide to Acclimatization and Heat Illness Prevention



Concussion in Sports – What You Need To Know



Concussion In Sports - What You Need To Know



1 2 3 4 5 6

<< PREVIOUS

NEXT >>

Unit 1: Concussion Overview

Introduction

What is a concussion?

What happens to the brain?

Unit 2: The Problem

Unit 3: Your Responsibility

Unit 4: Review

Course Evaluation



When in doubt,
sit them out!

TRANSCRIPT

RESOURCES

Hi, I'm Dr. Mick Koester, Chair of the NFHS Sports Medicine Advisory Committee and Director of the Slocum Sports Concussion in Eugene, Oregon.

As you are well aware, concussions have become a huge topic of discussion over the past few years. Unfortunately, they are a common problem in sports and have the potential for serious complications if not recognized early and managed correctly.

What may appear to be only a mild jolt or blow to the head or body can result in a concussion. While concussions occur at all levels of sports,

The Role of the Parent in Sports

www.nfhslearn.com

- Designed for parents
- Explains what interscholastic athletics are about
- Provides information and resources to ensure their child has a positive educational experience
- Includes units on:
 - What interscholastic athletics are about
 - What You and Your Child Want Out of School Sports
 - Having a Successful Educational Sport Experience
 - Making the Call
 - Plan for Improvement
 - Keeping Perspective





Fundamentals of Coaching Soccer

Fundamentals Of Coaching Soccer
National Soccer Coaches Association of America

LOGOUT | HELP You are logged in as Dan Schuster

1 2 PREVIOUS NEXT PLAY

Welcome to the NFHS/NSCAA Fundamentals of Soccer!

Unit 1: Overview
Introduction
Methods
Components
Practice Session
Unit 1 Test

Unit 2: Methods

Unit 3: Techniques

Unit 4: Rules

Unit 5: 4 v. 4

Course Evaluation

TRANSCRIPT

RESOURCES

The National Soccer Coaches Association of America and the National Federation of State High School Associations are proud to fulfill our important mission of coaching education by offering teacher/coaches this opportunity to improve your student-centered soccer coaching skills.

By completing and receiving a diploma for this course, the NSCAA and NFHS certify that you have competency in the basics of athletic coaching, treatment of sports injuries, and in methodology of coaching soccer. It is not a guarantee of success, but a proof that you have had important preparation for coaching.

NFHS Officials Association Central hub

www.nfhs.arbitrersports.com

Contains

- Sport information
- Rules information
- Rules library
- Searchable rules book
- Video content on officiating sport, competition situations and interpretations

The screenshot shows the homepage of the NFHS Soccer Officiating website. At the top, there is a navigation bar with links for NFHS HOME, SOCCER, VIDEO, PUBLICATIONS, GROUP INFO, and FORUM. Below this is a banner image featuring a soccer player in a red jersey and a woman in a white shirt, with the text 'NFHS SOCCER OFFICIATING | GOAL LINE'. A search bar is located on the right side of the banner. The main content area is divided into three columns. The left column, titled 'Soccer Rules Information', lists various resources such as '2011-12 Soccer Rules Interpretations', 'NFHS - NISOA Soccer Rules Changes Video (2011-12)', and '2011-12 Soccer Rules Changes'. The middle column, titled 'Welcome', features a photo of Mark Koski, CMAA, and a message from the NFHS Soccer Rules Committee. The right column, titled 'Sport Specific Information', lists various sports including Baseball, Basketball, Cross Country, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, Softball, Swimming & Diving, Track & Field, and Volleyball.

NFHS HOME | SOCCER | VIDEO | PUBLICATIONS | GROUP INFO | FORUM

NFHS SOCCER OFFICIATING | GOAL LINE

Search

Soccer Rules Information

- 2011-12 Soccer Rules Interpretations
- NFHS - NISOA Soccer Rules Changes Video (2011-12)
- 2011-12 Soccer Rules Changes
- NFHS Official Soccer Signals
- Illegal Equipment Violations Revised in High School Soccer
- 2010-11 Soccer Rules Interpretations
- 2010-11 Soccer Rules Changes


[More >](#)

Soccer Resources

- NFHS Soccer Preseason Guide (2012-13)
- "Soft Red" Eliminated in High School Soccer
- Soccer Field Diagram
- Comparative Study of Rules and Laws (2011)
- NFHS Concussion Course
- Fundamentals of Coaching Soccer
- NFHS Soccer Rules Change

Welcome

Monday, June 07, 2010

 Welcome to the Goal Line, the homepage for NFHS Soccer Officials information. We know you will find the information useful and use the resources to stay informed. It is our intention to continually update, and we encourage you to visit the Goal Line frequently for updates and new information.

The NFHS Soccer Rules Committee meets annually to discuss rules change proposals, editorial changes and points of emphasis to the Soccer Rules Book. We encourage YOU to work with your member state association and submit a rules change proposal form. This is your way to voice your opinion and potentially enhance the sport for the youth of our nation.

The NFHS appreciates your dedication to the sport of soccer and the students we serve!

Mark Koski, CMAA
NFHS Director of Sports and Events
Soccer Rules Editor and National Interpreter

Sport Specific Information

- Baseball >
- Basketball >
- Cross Country >
- Field Hockey >
- Football >
- Gymnastics >
- Ice Hockey >
- Lacrosse >
- Soccer >
- Softball >
- Swimming & Diving >
- Track & Field >
- Volleyball >

NFHS Soccer Uniform Requirements





Required Equipment Rule 4-1-1b



EFFECTIVE 2013 FALL SEASON



The home team shall wear *solid white jerseys and solid white socks* and the visiting team shall wear *dark jerseys and socks*.

Illegal Home Team Jerseys Starting Fall 2013



Color Side Panels and Color Piping

Legal Home Team Jerseys Starting Fall 2013





Goals Rule 1-4-1



PlayPic™

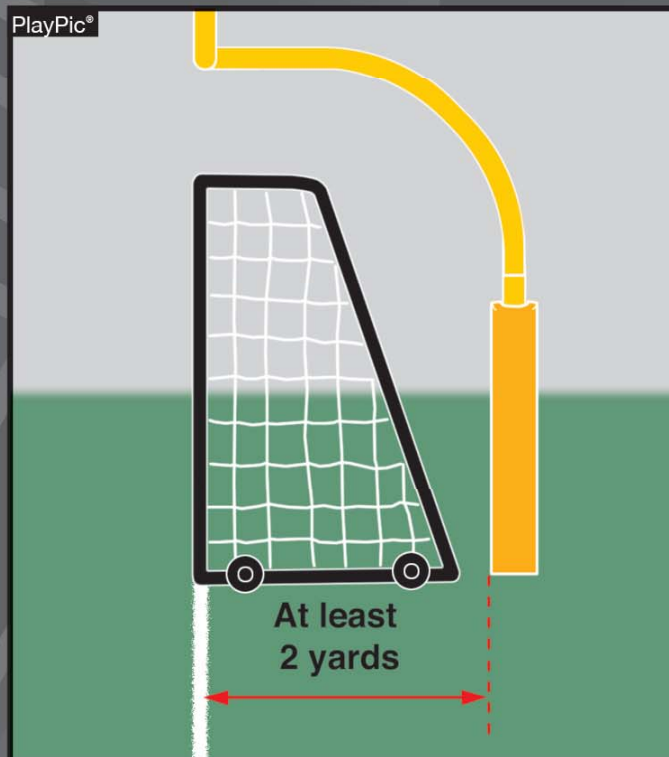
Combined soccer/football “H” goal





Goals

Rule 1-4-1



If used on a football field, *the front* of the portable goals should be at least two yards in front of the base of the existing football goalposts.

A soccer player in a red uniform is captured in a dynamic pose, about to kick a soccer ball on a green field. The player's right leg is extended forward, and their left leg is bent. The soccer ball is on the ground near the player's right foot. The background is a blurred green field with some structures in the distance.

You're Almost Finished

Do not stop this video or close this screen. You will need to click on the button that says:

I'm FINISHED Watching the Rules Meeting Video

THE VERIFICATION PAGE WILL OPEN